

Adhyāyaḥ-12

॥ om śrīparamātmāne namaḥ ॥

॥ Atha dvādaśo'dhyāyaḥ । Bhaktiyogaḥ ॥

Arjuna uvāca ।

Evam̐ satatayuktā ye bhaktāstvām̐ paryupāsate ।

Ye cāpyakṣaramavyaktaṁ teṣām̐ ke yogavittamāḥ ॥ 12-1 ॥

Śrībhagavānuvāca ।

Mayyāveśya mano ye mām̐ nityayuktā upāsate ।

Śraddhayā parayopetāḥ te me yuktatamā matāḥ ॥ 12-2 ॥

Ye tvakṣaramanirdeśyam̐ avyaktaṁ paryupāsate ।

Sarvatragamacintyañca kūṭasthamacalandhruvam̐ ॥ 12-3 ॥

Sanniyamyendriyagrāmam̐ sarvatra samabuddhayaḥ ।

Te prāpnuvanti mām̐eva sarvabhūtahite ratāḥ ॥ 12-4 ॥

Kleśo'dhikatarasteṣām̐ avyaktāsaktacetasām̐ ॥

Avyaktā hi gatirduḥkham̐ dehavadbhiravāpyate ॥ 12-5 ॥

Ye tu sarvāṇi karmāṇi mayi saṁnyasya matparāḥ |
Ananyenaiva yogena mām dhyāyanta upāsate || 12-6 ||

Teṣāmahaṁ samuddhartā mṛtyusaṁsārasāgarāt |
Bhavāmi nacirātpārtha mayyāveśitacetasām || 12-7 ||

Mayyeva mana ādhatsva mayi buddhiṁ niveśaya |
Nivasiṣyasi mayyeva ata ūrdhvaṁ na saṁśayaḥ || 12-8 ||

Atha cittam samādhātum na śaknoṣi mayi sthiram |
Abhyāsayogena tataḥ māmichhāptum dhanañjaya || 12-9 ||

Abhyāse'pyasamartho'si matkarmaparamo bhava |
Madarthamapi karmāṇi kurvansiddhimavāpsyasi || 12-10 ||

Athaitadapyaśakto'si kartum madyogamāśritaḥ |
Sarvakarmaphalatyāgaṁ tataḥ kuru yatātmavān || 12-11 ||

Śreyo hi jñānamabhyāsāt jñānāddhyānaṁ viśiṣyate |
Dhyānātkarmaphalatyāgaḥ tyāgācchāntiranantaram || 12-12 ||

Adveṣṭā sarvabhūtānāṃ maitraḥ karuṇa eva ca ।

Nirmamo nirahaṅkāraḥ samaduḥkhasukhaḥ kṣamī ॥ 12-13 ॥

Santuṣṭaḥ satataṃ yogī yatātmā dṛḍhaniścayaḥ ।

Mayyarpitamanobuddhiḥ yo madbhaktaḥ sa me priyaḥ ॥ 12-14 ॥

Yasmānnodvijate lokaḥ lokānnodvijate ca yaḥ ।

Harṣāmarṣabhayodvegaiḥ mukto yaḥ sa ca me priyaḥ ॥ 12-15 ॥

Anapekṣaḥ śucirdakṣaḥ udāsīno gatavyathaḥ ।

Sarvārambhaparityāgī yo madbhaktaḥ sa me priyaḥ ॥ 12-16 ॥

Yo na hr̥ṣyati na dveṣṭi na śocati na kāṅkṣati ।

Śubhāśubhaparityāgī bhaktimānyaḥ sa me priyaḥ ॥ 12-17 ॥

Samah śatrau ca mitre ca tathā mānāpamānayoḥ ।

Śītoṣṇasukhaduḥkheṣu samah saṅgavivarjitaḥ ॥ 12-18 ॥

Tulyanindāstutirmaunī santuṣṭo yena kenacit ।

Aniketaḥ sthiraṃ bhaktimānme priyo naraḥ ॥ 12-19 ॥

Ye tu dharmyāmṛtamidaṃ yathoktaṃ paryupāsate ।

Śraddadhānā matparamāḥ bhaktāste'tīva me priyāḥ ॥ 12-20 ॥

Om tatsaditi śrīmadbhagavadgītāsu upaniṣatsu brahmavidyāyāṃ
yogaśāstre śrīkṛṣṇārjunasaṃvāde

Bhaktiyogo nāma dvādaśo'dhyāyaḥ ॥ 12 ॥